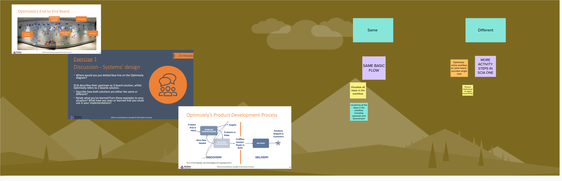
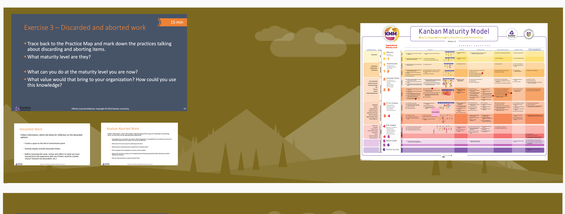
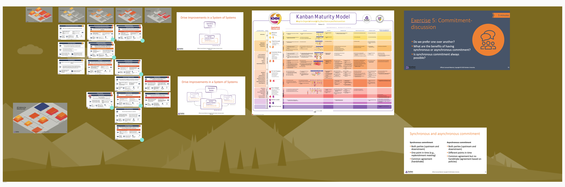
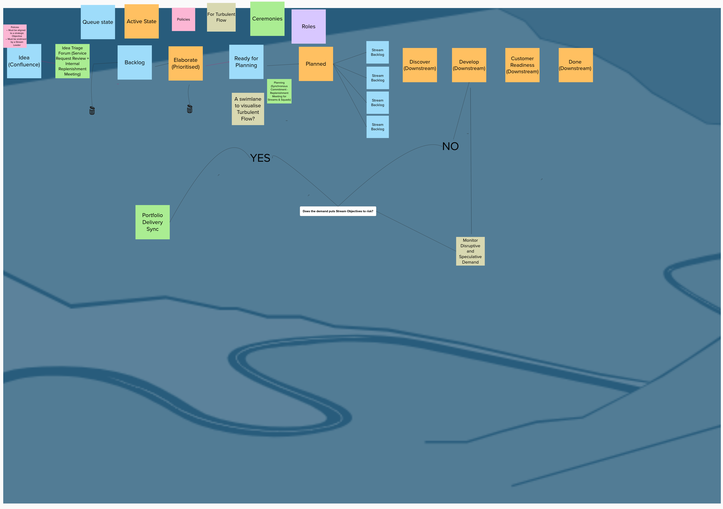
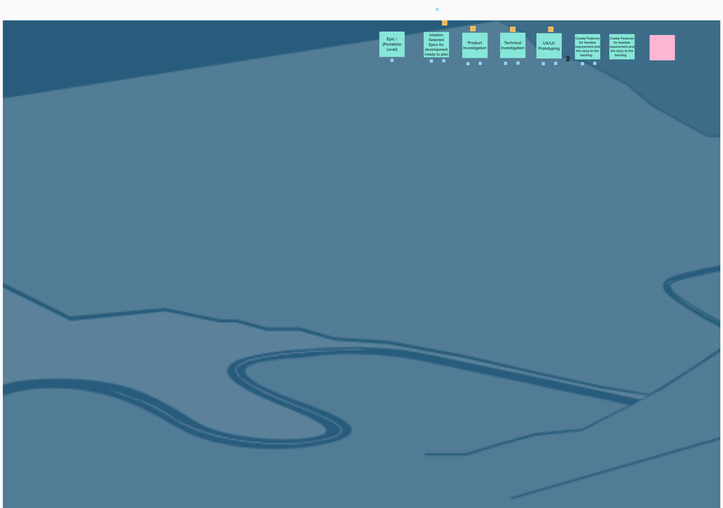


> Tell your (post-)partner what you learnt about upstream system design if a newspaper reporter wanted to quote you.



> 1 minute walk and talk, tell (post-)partner what you learnt about turbulent flow, and discarded and aborted work.

> What would you say about (im)morality if a newspaper reporter wanted to quote you?



> 1 minute walk, stretch and tell your partner what you just learnt about triage.